

JUNE, 2018 NEWSLETTER

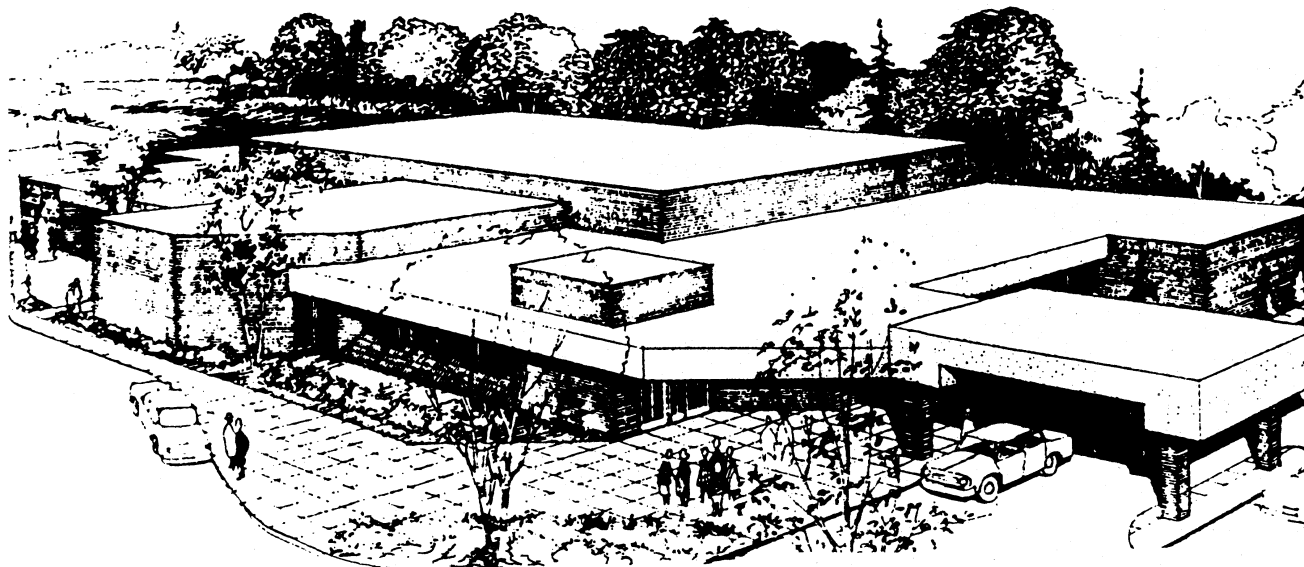
Town of West Seneca

Senior Citizens Center

4620 Seneca Street

West Seneca, NY 14224

675-9288



Senior Center Hours:

8:30-4:30pm

Fitness Center Hours:

8:30am-1:30pm

Office Closed: 12:30-1:30pm

INFORMATION & REFERRAL SERVICES

- 675-9288 SENIOR CENTER (Open 8:30am - 4:30pm)
- 558-2258 SENIOR FITNESS CENTER (8:30am - 1:30pm)
- 675-9288 TRIPS & TOURS
- 858-7433 GOING PLACES VAN
- 858-7548 RETIRED SENIOR VOLUNTEER PROGRAM
- 858-8526 ERIE COUNTY SENIOR SERVICES
- 822-2002 MEALS ON WHEELS (Intake Dept. 8am-1pm)
- 911 or 674-2280 ... WEST SENECA POLICE
- 911 or 675-1333 ... FIRE & FIRST AID
- 674-2280 ... ARE YOU OK? (Telephone Assurance System)

The purpose of this organization is to provide a municipal program of planned recreational, social, educational, cultural, and health related programs and activities, and to promote good fellowship in a friendly and relaxed manner which will best serve all Senior Citizens in the Town of West Seneca.

NUTRITION

In cooperation with the Erie County Department of Senior Citizens, the town provides a hot meal for people age 60 or over and their spouses each — (except holidays) at 12:30pm at the Center. **The suggested contribution is \$3.00** call the Center at 675-9288 Monday and Tuesday 9-4pm to reserve for a lunch 1 weeks later or for the entire month!

VAN SERVICES

In cooperation with the Erie County Department of Senior Services, the town operates a van to pickup Senior Citizens (who cannot use, or do not have access to any conventional means of transportation) at their home and take them to the doctor, food shopping and other necessary services. The suggested donation for a one-way trip is \$3.00 but EACH person determines what he or she can pay. The van operates five days a week (except holidays) from 9am to 3pm. Reservations must be made 48 hours in advance, except for medical trips within the caller's service area (eg: West Seneca within West Seneca) where reservations may be made two weeks in advance. Call 858-7433 for reservations.

R.S.V.P.

Our Seniors participate in the retired Senior Volunteer Program through the Erie County Department of Senior Services. Currently, the Monday Morning Sewing Group have volunteer opportunities. For more information call the RSVP Office at 858-7548, or stop in at the Center to check it out!

MEMBERSHIP INFO

In cooperation with the Erie County Department of Senior Citizens anyone in Erie County is welcomed at the Center and to take part in most of its activities/programs. To become a member at the Center "West Seneca residents only" stop in at the front office and fill out a short application and pay a \$5.00 one time fee. With being a member of the Center you are also entitled to purchase a ticket to the annual Christmas Party and can vote in the elections. Stop in today to become a member if you haven't already! Office hours are:
9am-4pm and the office is closed 12:30-1:30pm for lunch, thank you.

**~Join the
Senior Center today!
Memories made here!**

~ HAPPY JUNE

THOUGHT OF THE MONTH:

"You're a Grand Old Flag"

UPCOMING SPECIAL EVENTS FOR JUNE:

- June 1 - Univera Info Session 10-11am
- June 5 - Computer Class - 10 & 11am sign up today!
- June 6 - Union Medical 11am
- June 13 - Walgreens - BP Checks
- June 14 - BCBS Info Session - 10am
- June 14 - Flag Day Lunch - Sign up today!
- June 14 - June Birthday Cake Lunch - Sign up in the Office!
- June 15 - Fidelas Info Session - 10-12noon
- June 15 - Father's Day Lunch - Sign up today!
- June 19 - Computer Class - 10 & 11am sign up today!
- June 21 - Special Entertainment - Hello Summer Party!
Food - Fun - Tom Hastings
- June 25 - AARP Safe Driving Class
- June 25 - Senior Board Meeting - 1:15pm
- June 25 - Trips & Tours Meeting - 2:30pm

~ MARY'S MINUTE ~

*Hello and a happy June!!!!!! Like the thought of the month says, "You're a Grand Old Flag" is perfect for the month of June because June 14th is Flag Day! United States of America is a Grand place to live and our Flag is one heck of a Grand Flag, so always remember...
Without a FLAG there is no US,
Without an US there is no HERE, and
Without a HERE there is no YOU and ME! And
Without a YOU and ME, I would be lost!
That's it plain and simple. Thank you all for being you and what you mean to me! You all are the best my friend!!
You all are the best!*

~ Love and Laughter, Mary.

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**~ RAISE A CUP OF CHEER AND TOAST TO  
GOOD FRIENDS, GOOD TIMES AND A GOOD YEAR!  
HAPPY 2018 MY FRIENDS ~**

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**HELLO SUMMER PARTY!
JUNE 21
DOORS OPEN 5:00PM - FOOD 5:00-6:00PM
MUSIC 6:30-8:00PM WITH TOM HASTINGS!**



JUNE, 2018



Monday	Tuesday	Wednesday	Thursday	Friday
Senior Center 4620 Seneca St 675-9288 M-F 8:30-4:30pm Lunch 12:30pm Fitness Center				1 10:00 Univera 10:15 Tai Chi Exercise 12:30 LUNCH: Stuffed Peppers/ Mashed Potatoes 1:30 Bingo
4 9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Creamy Turkey Pasta 1:00 Bridge/Dominoes 1:15 Ceramics	5 10:00 Ceramics 10:00 Computer Class Sign up today! 12:30 LUNCH: SALAD Sloppy Joe with Corn 1:00 Pinochle	6 10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 11:00 Union Medical 12:30 LUNCH: Sliced Ham with Pineapple Sauce 1:00 Bridge 1:15 Ceramics	7 10:00 Ceramics 10:00 Mah Jong 12:00 Hand n Foot 12:30 LUNCH: Sliced Roast Beef 1:00 Euchre 1:00 Line Dancing	8 10:15 Tai Chi Exercise 12:30 LUNCH: Chicken Leg Quarter With Oven Browned Potatoes 1:30 Bingo
11 9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Pork Stew with Mashed Potatoes Pork Stew 1:00	12 10:00 Ceramics 12:30 LUNCH: Veal Parmesan/Pasta With Side Salad 1:00 Pinochle	13 10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 11:00 Walgreens BP checks 12:30 LUNCH: SALAD Julienne Salad 1:00 Bridge 1:15 Ceramics 1:30 Bingo	14 <u>Birthday Cake Lunch Day</u> 10:00 BCBS 10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: 2 Breaded Chicken Drumsticks 1:00 Euchre 1:00 Line Dancing 	15 10:00 Fidelas Care 10:15 Tai Chi Exercise 12:30 LUNCH: Steakhouse Burger Mashed Potatoes 1:30 Bingo
18 9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Lasagna Roll 1:00 Bridge/Dominoes 1:15 Ceramics	19 10:00 Ceramics 10:00 Computer Class Sign up today! 12:30 LUNCH: Turkey Tetrizzini 1:00 Pinochle	20 10:00 Wii Bowling 10:00 Ceramics 10:00 Knitting/Crafts 10:00 Dancercise 12:30 LUNCH: Salisbury Steak 1:00 Bridge 1:15 Ceramics 1:30 Bingo	21 <u>1st Day of Summer</u> 10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: Pork Ribbette with Sweet Potatoes 1:00 Euchre 1:00 Line Dancing <u>HELLO SUMMER PARTY</u> <u>FOOD-FUN-TOM HASTINGS</u>	22 10:15 Tai Chi Exercise 12:30 LUNCH: Vegetable Quiche With Cheese Sauce 1:30 Bingo
25 9:00 AARP Class 9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Beef Macaroni Casserole 1:00 Bridge/Dominoes 1:15 Ceramics 1:15 Sr Board Meeting 2:30 Trips & Tours Mtg	26 10:00 Ceramics 12:30 LUNCH: Entrée Salad Grilled Chicken Caesar Salad 1:00 Pinochle	27 10:00 Wii Bowling 10:00 Ceramics 10:00 Knitting/Crafts 10:00 Dancercise 12:30 LUNCH: Macaaroni & Cheese 1:00 Bridge 1:15 Ceramics 1:30 Bingo	28 10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: Breaaded Boneless Pork Chop 1:00 Euchre 1:00 Line Dancing	29 10:15 Tai Chi Exercise 12:30 LUNCH: Hamburger with Onion gravy 1:30 Bingo