

SEPTEMBER 2018 NEWSLETTER

Town of West Seneca

Happy Labor

Day!!

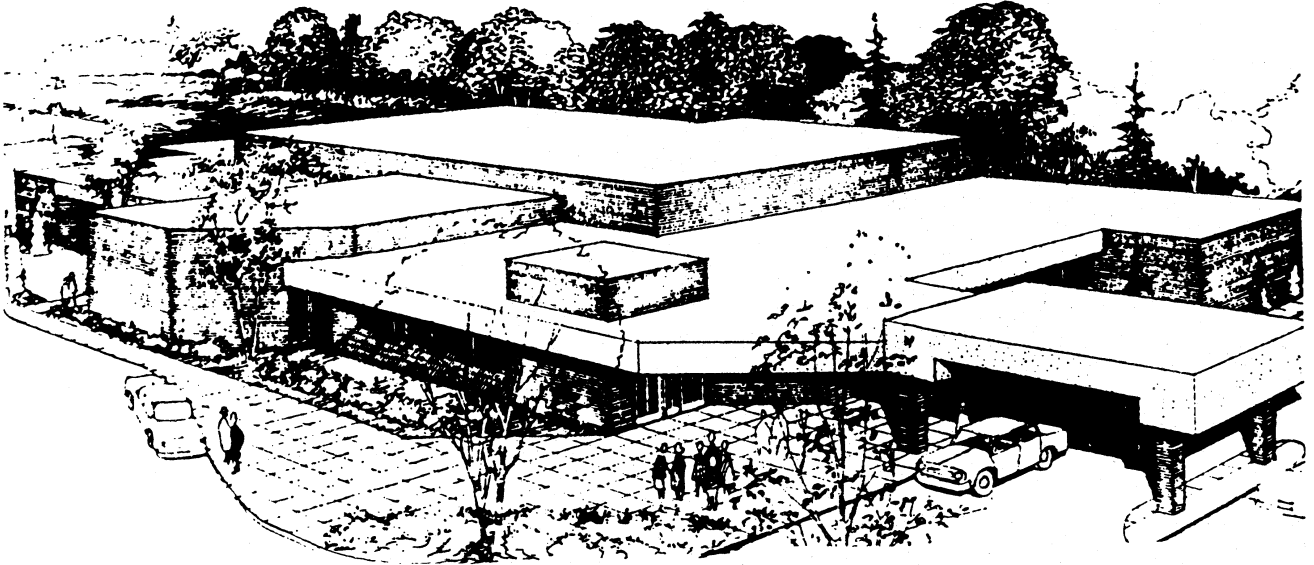


Senior Citizens Center

4620 Seneca Street

West Seneca, NY 14224

675-9288



Senior Center Hours:

8:30-4:30pm

Fitness Center Hours:

8:30am-1:30pm

Office Closed: 12:30-1:30pm

INFORMATION & REFERRAL SERVICES

- 675-9288 SENIOR CENTER (Open 8:30am - 4:30pm)
- 558-2258 SENIOR FITNESS CENTER (8:30am - 1:30pm)
- 675-9288 TRIPS & TOURS
- 858-7433 GOING PLACES VAN
- 858-7548 RETIRED SENIOR VOLUNTEER PROGRAM
- 858-8526 ERIE COUNTY SENIOR SERVICES
- 822-2002 MEALS ON WHEELS (Intake Dept. 8am-1pm)
- 911 or 674-2280 ... WEST SENECA POLICE
- 911 or 675-1333 ... FIRE & FIRST AID
- 674-2280 ... ARE YOU OK? (Telephone Assurance System)



The purpose of this organization is to provide a municipal program of planned recreational, social, educational, cultural, and health related programs and activities, and to promote good fellowship in a friendly and relaxed manner which will best serve all Senior Citizens in the Town of West Seneca.

NUTRITION

In cooperation with the Erie County Department of Senior Citizens, the town provides a hot meal for people age 60 or over and their spouses each — (except holidays) at 12:30pm at the Center. **The suggested contribution is \$3.00** call the Center at 675-9288 Monday and Tuesday 9-4pm to reserve for a lunch 1 weeks later or for the entire month!

VAN SERVICES

In cooperation with the Erie County Department of Senior Services, the town operates a van to pickup Senior Citizens (who cannot use, or do not have access to any conventional means of transportation) at their home and take them to the doctor, food shopping and other necessary services. The suggested donation for a one-way trip is \$3.00 but EACH person determines what he or she can pay. The van operates five days a week (except holidays) from 9am to 3pm. Reservations must be made 48 hours in advance, except for medical trips within the caller's service area (eg: West Seneca within West Seneca) where reservations may be made two weeks in advance. Call 858-7433 for reservations.

R.S.V.P.

Our Seniors participate in the retired Senior Volunteer Program through the Erie County Department of Senior Services. Currently, the Monday Morning Sewing Group have volunteer opportunities. For more information call the RSVP Office at 858-7548, or stop in at the Center to check it out!

MEMBERSHIP INFO

In cooperation with the Erie County Department of Senior Citizens anyone in Erie County is welcomed at the Center and to take part in most of its activities/programs. To become a member at the Center "West Seneca residents only" stop in at the front office and fill out a short application and pay a \$5.00 one time fee. With being a member of the Center you are also entitled to purchase a ticket to the annual Christmas Party and can vote in the elections. Stop in today to become a member if you haven't already! Office hours are:

9am-4pm and the office is closed 12:30-1:30pm for lunch, thank you.

**~Join the
Senior Center today!
Memories made here!**

HAPPY THOUGHT OF THE MONTH:

**"A fallen leaf is nothing more than a
Summer's wave goodbye"**

UPCOMING SPECIAL EVENTS FOR SEPTEMBER

- Sept 7 - Univera Info Session 10-11am
- Sept 8 - Monthly Pinochle Tournament - 11am
- Sept. 12 - Fraud & Identity Theft Info Session 11-11:30am
- Sept 13 - September Birthday Cake Lunch - Sign up in the Office
- Sept 13 - Erie County Senior Services Project Council Meeting
1:15pm after lunch
- Sept 18 - Flu Shot 9-11am
- Sept 18 - United Health Care Info Session - 10-11:30am
- Sept 23 - Fall Dinner Dance - Music by "Bruce Michael Trio"
\$20. per person - Dinner catered by Nowak Catering
Doors open at 4:00pm & Dinner served at 5pm
- Sept 24 - AARP Driving Class Sign up in Office
- Sept. 24 - WSSC Board Meeting - 1:15pm
- Sept 24 - WSSC Trips & Tours Meeting - 2:30pm
- Sept 27 - Kalos Health Info Session - 10:30 - 12

~ MARY'S MINUTE ~

*Hello all and happy September, I hope all is well with you!
Like the thought of the month says, "A fallen leaf is nothing more than a summer's wave goodbye", is perfect for this month. Summer is ending and Fall is beginning, both beautiful months in their own right, but you must say goodbye to say hello! It was a great summer and the weather was great with some hot sunny days and now onto fall and fingers crossed for some nice cooler weather and perhaps an Indian Summer! This is what makes this area so beautiful is that we have all the seasons to enjoy with their beauty in each one, some easier to handle than others, but you have to move on from one to get another! Remember saying goodbye is never forever, just a passing from one moment to the next, so goodbye for now to the summer green leaves and hello to the beautiful colors of fall. So enjoy your last days of Summer and don't forget to wave them goodbye and say hello and welcome fall with both arms open as I do with you all each and every day! You all are the best and thank you for helping wave in all the seasons here together!*

~ Love and Laughter, Mary.

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~ RAISE A CUP OF CHEER AND TOAST TO  
GOOD FRIENDS, GOOD TIMES AND A GOOD YEAR!  
HAPPY 2018 MY FRIENDS ~  
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**DON'T FORGET THE WEST SENECA FARMERS MARKET IS
OPEN AND READY FOR YOUR BUSINESS!
THURSDAY 4:00-7:30 BEHIND THE TOWN HALL**



SEPTEMBER, 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>LABOR DAY</p> <p>CENTER CLOSED</p> <p>NO MEALS SERVED</p>	<p>4</p> <p>10:00 Ceramics 12:30 LUNCH: Veal Parmesan with Pasta 1:00 Pinochle</p>	<p>5</p> <p>10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 12:30 LUNCH: Boneless Chicken Breast 1:00 Bridge 1:15 Ceramics 1:30 Bingo</p>	<p>6</p> <p>10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: SALAD Juienne Salad 1:00 Euchre 1:00 Line Dancing 1:00 Friendly Pinochle 1st Thursday in The Library</p>	<p>7</p> <p>10:00 Univera Info 10:15 Tai Chi Exercise 12:30 LUNCH: Meatloaf/Mashed 1:30 Bingo</p>
<p>10</p> <p>9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Lasagna Roll 1:00 Bridge/Dominoes 1:15 Ceramics</p>	<p>11</p> <p>10:00 Ceramics 12:30 LUNCH: SALAD Grilled Chicken Caesar Salad 1:00 Pinochle</p>	<p>12</p> <p>10:00 Wii Bowling 10:00 Ceramics 12:30 LUNCH: Salisbury Steak/Gravy 1:00 Bridge 1:15 Ceramics 1:30 Bingo</p>	<p>13</p> <p><u>Birthday Cake Lunch Day</u> 10:00 Ceramics 10:00 Mah Jong 12:00 Hand n Foot 12:30 LUNCH: Baked Chicken Thigh 1:15 Erie County meeting 1:00 Euchre 1:00 Line Dancing</p> 	<p>14</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Vegetable Quiche with Cheese Sauce 1:30 Bingo</p>
<p>17</p> <p>9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Beef Macaroni with Shredded Cheese 1:00 Bridge/Dominoes 1:15 Ceramics</p>	<p>18</p> <p>9-11 Flu Shot Clinic 10:00 Ceramics 10:00 United Health 12:30 LUNCH: Breaded Chicken Breast/Gravy 1:00 Pinochle</p>	<p>19</p> <p>10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 12:30 LUNCH: Turkey Dinner/Stuffing 1:00 Bridge 1:15 Ceramics 1:30 Bingo</p>	<p>20</p> <p>10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: Breaded Boneless Pork Chop 1:00 Euchre 1:00 Line Dancing</p>	<p>21</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Hamburger on a Bun 1:30 Bingo</p>
<p>24</p> <p>9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: BBQ Pulled Pork 1:00 Bridge/Dominoes 1:15 Ceramics 1:15 Board Meeting 2:30 Trips & Tours Mtg</p>	<p>25</p> <p>10:00 Ceramics 12:30 LUNCH: Penna Pasta with Meatballs 1:00 Pinochle</p>	<p>26</p> <p>10:00 Wii Bowling 10:00 Ceramics 12:30 LUNCH: Breaded Chicken Breast with Gravy 1:00 Bridge 1:15 Ceramics 1:30 Bingo</p>	<p>27</p> <p>10:00 Ceramics 10:00 Mah Jong 10:30 Kolas Health Info 12:30 LUNCH: Meatloaf with Mashed Potatoes 1:00 Euchre 1:00 Line Dancing</p>	<p>28</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Tuna Macaroni Salad 1:30 Bingo</p>
<p>FALL DINNER DANCE</p> <p>~ Don't Forget to purchase your Ticket 20.00 Last day to buy is 9/19/18</p>				<p>The West Seneca Senior Center is turning 40! A Celebration 'Event' is being planned for 10/11/18 ~ Stayed Tuned for more Info</p>