

DECEMBER 2018 NEWSLETTER

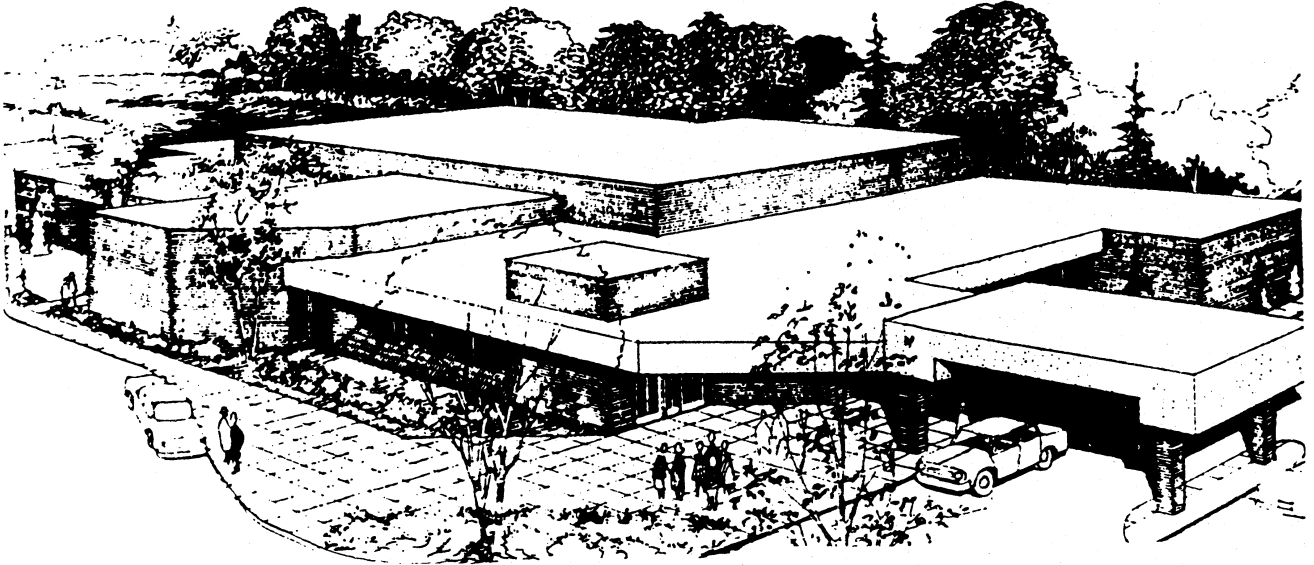
Town of West Seneca

Senior Citizens Center

4620 Seneca Street

West Seneca, NY 14224

675-9288



Senior Center Hours:

8:30-4:30pm

Fitness Center Hours:

8:30am-1:30pm

Office Closed: 12:30-1:30pm

INFORMATION & REFERRAL SERVICES

- 675-9288 SENIOR CENTER (Open 8:30am - 4:30pm)
- 558-2258 SENIOR FITNESS CENTER (8:30am - 1:30pm)
- 675-9288 TRIPS & TOURS
- 858-7433 GOING PLACES VAN
- 858-7548 RETIRED SENIOR VOLUNTEER PROGRAM
- 858-8526 ERIE COUNTY SENIOR SERVICES
- 822-2002 MEALS ON WHEELS (Intake Dept. 8am-1pm)
- 911 or 674-2280 ... WEST SENECA POLICE
- 911 or 675-1333 ... FIRE & FIRST AID
- 674-2280 ... ARE YOU OK? (Telephone Assurance System)



The purpose of this organization is to provide a municipal program of planned recreational, social, educational, cultural, and health related programs and activities, and to promote good fellowship in a friendly and relaxed manner which will best serve all Senior Citizens in the Town of West Seneca.

NUTRITION

In cooperation with the Erie County Department of Senior Citizens, the town provides a hot meal for people age 60 or over and their spouses each — (except holidays) at 12:30pm at the Center. **The suggested contribution is \$3.00** call the Center at 675-9288 Monday and Tuesday 9-4pm to reserve for a lunch 1 weeks later or for the entire month!

VAN SERVICES

In cooperation with the Erie County Department of Senior Services, the town operates a van to pickup Senior Citizens (who cannot use, or do not have access to any conventional means of transportation) at their home and take them to the doctor, food shopping and other necessary services. The suggested donation for a one-way trip is \$3.00 but EACH person determines what he or she can pay. The van operates five days a week (except holidays) from 9am to 3pm. Reservations must be made 48 hours in advance, except for medical trips within the caller's service area (eg: West Seneca within West Seneca) where reservations may be made two weeks in advance. Call 858-7433 for reservations.

R.S.V.P.

Our Seniors participate in the retired Senior Volunteer Program through the Erie County Department of Senior Services. Currently, the Monday Morning Sewing Group have volunteer opportunities. For more information call the RSVP Office at 858-7548, or stop in at the Center to check it out!

MEMBERSHIP INFO

In cooperation with the Erie County Department of Senior Citizens anyone in Erie County is welcomed at the Center and to take part in most of its activities/programs. To become a member at the Center "West Seneca residents only" stop in at the front office and fill out a short application and pay a \$5.00 one time fee. With being a member of the Center you are also entitled to purchase a ticket to the annual Christmas Party and can vote in the elections. Stop in today to become a member if you haven't already! Office hours are:

9am-4pm and the office is closed 12:30-1:30pm for lunch, thank you.

**~Join the
Senior Center today!
Memories made here!**

HAPPY THOUGHT OF THE MONTH:

"Yesterday is History, Tomorrow is a Mystery but Today is a Gift that is why it's called THE PRESENT"

UPCOMING SPECIAL EVENTS FOR DECEMBER:

- Dec 3 - Monthly Euchre Tournament - 11am
- Dec 4 - United Health Care - 10-12noon
- Dec 5 - Computer Class - "The Google Station - G Mail, Google Drive, Chrome, Chrome Books - 10:15am
- Dec 6 - HEAP Sign up 11:00am
- Dec 7 - Univera Info Session - 9am
- Dec 8 - Monthly Pinochle Tournament - 11am
- Dec 10 - WSSC Annual Christmas Party! Doors Open at 11am 11:30-4:30pm Party! Get your ticket today!
- Dec 12 - Computer Class - Everything you could ever want to Know about Cell Phones" - Sign up today! - 10:15am
- Dec 12 - Walgreens Info Session - 12noon - 1pm
- Dec 13 - Birthday Cake Day for November Birthdays! - Sign Up!
- Dec 19 - Christmas Lunch - Sign up today!
- Dec 24 - WSSC Board Meeting - 1:15pm
- Dec 24 - WSSC Trips & Tours Meeting - 2:30pm
- Dec 25 - Christmas Day - Center Closed - No Meals Served
- Dec 26 - Computer Class - "Ask the Teacher"
- Dec 31 - 11:30am - New Year's Lunch and Fun! Sign up Today!

~ MARY'S MINUTE ~

Hello all and happy December and I hope all is well with you! The thought of the month, "Yesterday is History, Tomorrow is a Mystery but Today is a Gift and that is why it's called THE PRESENT". This thought is excellent for the month of December because it's Christmas! Gifts are great, but the best gift can't be bought, it's something that we all can give and that is Love and Friendship! We can always do our best to remember yesterday and of course dream about tomorrow but to live each day the best we can and to love one another and to be a friend to those we know and even to strangers, well, to me it doesn't get any better than that. It's a gift that will keep on giving and you will feel good just trying your best! I know I would be lost with out all of you and just seeing you every day is my gift and I thank you for that. Thank you for everything and I hope that you and yours have the best holiday season and I wish that the New Year is the best one yet! Peace on Earth and Good Will to All...

~ Love and Laughter, Mary.

God Bless Our Veterans! We're Free Because Of YOU!

DID YOU KNOW THAT THERE ARE BOCCE BALL AND SHUFFLE BOARD SET UPS DOWN STAIRS IN THE FITNESS CENTER? IF INTERESTED IN LEARNING HOW TO PLAY OR JOIN A TOURNAMENT STOP IN AND SIGN UP!

~ ARE YOU INTERESTED IN SAYING THE ROSARY AS A GROUP IF SO SIGN UP IN THE OFFICE TODAY!



DECEMBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Lasagna&Meat Sauce 1:00 Euchre Tournament 1:00 Bridge/Dominoes</p>	<p>4</p> <p>10:00 Ceramics 10:00 United Health 12:30 LUNCH: Turkey Tetazzini 1:00 Pinochle</p>	<p>5</p> <p>10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 10:00 Computer Class "The Google System" 12:30 LUNCH: Salisbury Steak 1:00 Bridge 1:15 Ceramics 1:15 Bingo</p>	<p>6</p> <p>10:00 Ceramics 10:00 Mah Jong 11:00 HEAP Sign up 12:30 LUNCH: SALAD Cranberry Chicken Salad 1:00 Euchre 1:00 Line Dancing 1:00 Friendly Pinochle 1st Thursday in The Library</p>	<p>7</p> <p>9:00 Univera Info 10:00-12noon WS Art Society Art Class Sign up today! 10:15 Tai Chi Exercise 12:30 LUNCH: Vegetable Quich 1:15 Bingo</p>
<p>11:00-4:30pm 10 WSSC Annual Christmas Party Buy your ticket today!</p> 	<p>11</p> <p>10:00 Ceramics 12:30 LUNCH: SALAD Chicken Ceaser Salad 1:00 Pinochle</p>	<p>12</p> <p>10:00 Wii Bowling 10:00 Dancercise 10:00 Ceramics 10:00 Computer Class "Cell Phone Learning" 12:00 Walgreens 12:30 LUNCH: Chicken w/ Macaroni & Cheese 1:00 Bridge 1:15 Ceramics</p>	<p>December Birthday Lunch Day! 13</p>  <p>10:00 Ceramics 10:00 Mah Jong 12:00 Hand n Foot 12:30 LUNCH: Hamburger with Onion Gravy 1:00 Euchre</p>	<p>14</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Breaded Fish with Tartat Sauce 1:15 Bingo</p>
<p>17</p> <p>9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: BBQ Pulled Pork 1:00 Bridge/Dominoes 1:15 Ceramics</p>	<p>18</p> <p>10:00 Ceramics 12:30 LUNCH: Penne Pasta with Meatballs and Sauce 1:00 Pinochle</p>	<p>19</p> <p>10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 10:00 Computer Class 'Ask the Teacher" Christmas Lunch! 12:30 LUNCH: Chicken Cordon Bleu 1:00 Bridge 1:15 Ceramics 1:15 Bingo</p>	<p>20</p> <p>10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: Meatloaf w/Gravy 1:00 Euchre 1:00 Line Dancing</p>	<p>21</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Breaded Chicken Drumsticks 1:15 Bingo</p>
<p>24</p> <p>9:30 RSVP Sewing 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise 12:30 LUNCH: Boneless Chicken Breast with Gravy 1:00 Bridge/Dominoes 1:15 Ceramics 1:15 Board Meeting 2:30 Trips & Tours Mtg</p>	<p>Merry Christmas 25</p>  <p>CENTER CLOSED NO MEALS SERVED</p>	<p>26</p> <p>10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 12:30 LUNCH: Breaded Veal Patty 1:00 Bridge 1:15 Ceramics 1:15 Bingo</p>	<p>27</p> <p>10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: Shredded BBQ Beef on a Roll & Minestrone Soup 1:00 Euchre</p>	<p>28</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Breaded Boneless Pork Chop with Gravy 1:15 Bingo</p>
<p>31</p> <p>9:30 RSVP 9:30 Chess 10:00 Ceramics 10:15 Tai Chi Exercise</p> <p>New Year's Eve Celebration! 12:00 LUNCH: Cabbage Roll/Sauce</p> <p>And Treats Music And FUN!</p> 	<p>1</p> <p>Happy New Year!</p> <p>CENTER CLOSED NO MEALS SERVED</p>	<p>2</p> <p>10:00 Wii Bowling 10:00 Ceramics 10:00 Dancercise 10:00 Computer Class "Photos, storing & more" 12:30 LUNCH: Breaded Boneless Chicken & Gravy 1:00 Bridge 1:15 Ceramics 1:15 Bingo</p>	<p>3</p> <p>10:00 Ceramics 10:00 Mah Jong 12:30 LUNCH: Salens Hot Dog with Chili Sauce 1:00 Euchre 1:00 Line Dancing</p>	<p>4</p> <p>10:15 Tai Chi Exercise 12:30 LUNCH: Lasagna Roll with a Side Salad 1:15 Bingo</p>